

WILDE

VEGETARIAN & VEGAN

STARTERS

Carrot, ginger & coconut soup, toasted seeds,
brown bread V/VE €12 *1 (wheat, oats), 7*

Buffalo milk burrata, heirloom tomatoes, basil pesto
& toasted focaccia V €21 *1 (wheat, rye, malt), 7, 8 (pine nut), 12*

Heritage beets, whipped St Tola goats cheese, agave syrup & lavender,
seeded cracker V €19 *1 (wheat, barley, oats), 7, 10, 12*

SALADS

Superfood spinach & mixed grain salad, mango, pomegranate & chilli,
sesame dressing, toasted cashew nuts VE €19 *1 (wheat), 6, 8 (cashew nut), 10, 11*

Endive salad, Cashel Blue cheese, walnuts, wholegrain mustard
& apple vinaigrette V €19 *7, 8 (walnut), 10, 12*

MAINS

Kerala coconut curry, aubergine & spinach,
black mustard seeds & curry leaves VE €29 *10*

Saffron risotto, peas & asparagus, Straciatella, pine nuts V €29 *7, 8 (pine nut), 12*

Gluten-free lentil penne rigate, Pesto alla Genovese,
fine beans & sun blushed cherry tomatoes VE €25 *8 (pine nut)*

Roasted cauliflower, lemon quinoa, curry aioli,
pomegranate & fresh coriander V/VE €24 *10, 12*

SIDES

Potatoes: fries *(3, 9, 10, 12)*, heritage *(7)*, hand-cut chips *(3, 9, 10, 12)* or mashed *(7)* V/VE €6

Spinach: steamed, buttered *(7)*, olive oil V/VE €7

Grilled Asparagus & Béarnaise sauce V/VE €9 *3, 7, 10, 12*

Steamed tenderstem broccoli, olive oil & lemon VE €9 *12*

Buttered spring vegetables, mint V/VE €7 *7*

V - Vegetarian | VE - Vegan | V/VE - Vegan alternative available.

List of allergen: 1 Gluten - 2 Crustaceans - 3 Egg - 4 Fish - 5 Peanut - 6 Soy - 7 Dairy & Milk - 8 Nuts - 9 Celery -
10 Mustard - 11 Sesame - 12 Sulphur Dioxide & Sulphites - 13 Lupin - 14 Molluscs

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